



Field Activity One

Goal: To observe similarities and differences between one's own culture and a different one.

Activity:

Visit an ethnic market or restaurant. You can do this as a whole group or break into pairs/smaller groups. Try to find an authentic restaurant or market so you can experience food that has not been changed to fit the taste of locals.

Observe:

- Communication style, perceived tone and volume of voice among the people group, how do people greet each other?
- How customers and servers interact
- If at a restaurant or cafe... How do people eat? Are they quiet or animated? Is eating a celebration or a task? Do they use hands, utensils, or a combination? Is food shared or personal? Do kids and adults eat the same foods?
- If at a market... What scents do you notice? How are items packaged? Do people take their time to shop or do they seem to be in a hurry?
- At a restaurant ask the server for recommendations on the most authentic foods you can try.
- At the market ask other shoppers for recommendations on their favorite snacks.