



Overcoming Barriers

Goal: Identify what holds you back from engaging in cross-cultural ministry and have a plan to combat this. *This is lesson 1 of 2 from the “Understanding Worldviews” category.*

Look Back:

- Discuss what was learned and experienced during the field activity. **Ask:** What did you learn that will change how you might approach an individual from that culture?
- Share stories of friendship.
- Pray

Look Up:

Watch “Overcoming Barriers” (10 minutes) and then discuss (*these are the same questions from the discussion section of website*):

1. Kevin told the story of getting sick with a respiratory infection and a friend’s mom treating him by rubbing a spicy mustard plaster on his chest. And it worked! Do you have a story of someone reaching out to serve you in a surprising or unexpected way?
2. Read **Matthew 25:34-45**. What most stands out to you from this passage?
3. What are you most afraid of when it comes to reaching out to people from other cultures?
4. What was a time you embraced your ignorance and asked someone to explain something you did not understand?

Give participants a few minutes to log into their account and answer the questions on the quiz. After completion, encourage them to share their answers to the application question. Remember if they answer the application question on the website their response will be emailed to them a week later.

Application question from the quiz section.

What is the biggest barrier you are facing in international ministry and how can you address it this week?

Look Forward:

Open time for questions.

Pray that we will recognize the barriers we face in ministry and have wisdom to take action against them.

Homework:

Embrace your ignorance. Use what you don’t know as an opportunity for genuine connection with someone different than you. This can be as simple as asking a question to someone in the grocery store line or setting up a time to chat with someone and ask them specific questions about themselves and their culture.